



Blessed Sacrament Parish November 12, 2023

We, Blessed Sacrament Parish, are a Christ-Centered Community, Committed to Worship the Father, Committed to Respond to the Spirit's Gifts, Committed to Loving Service to All God's People.

Mass Times & Intentions

| Day | Date | Time | | Intention |
|-----------|-------|------------|---|--|
| Saturday | 11/11 | 4:00 pm | + | Tina Carcione by Ro DeBias |
| Sunday | 11/12 | 9:00 am | + | Mary Southam Hamilton by Beth Boyd |
| | | 11:30 am * | | The People of Our Parish |
| Monday | 11/13 | | | |
| Tuesday | 11/14 | | | |
| Wednesday | 11/15 | Noon | + | Blanche Meyer by Missy Mowrer |
| Thursday | 11/16 | Noon | | Not assigned |
| Friday | 11/17 | Noon | | Blessings for Don Becher by Donna Becher |
| Saturday | 11/18 | 4:00 pm | + | Donnie Mathena by Ro DeBias |
| Sunday | 11/19 | 9:00 am | + | Jean Haid by John and Anne Dever |
| | | 11:30 am * | | The People of Our Parish |

*On Sundays at 11:30 Mass our nursery is available for children under the age of 3 years.

REMINDER - November 4 - WINTER MASS SCHEDULE.
Mass on Saturdays begins at 4pm. Reconciliation will be from
3:00 pm to 3:30 pm in the Reconciliation Room

We Remember in Our Prayers

Barbara Baldy, Barbara Breese, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Loretta DiGiorgi, Dakota Earl, Joe Eisel, Marietta Fenton, Bob Galloway, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, John & Claire Johnson, John Lordan, Bob Lucas, Linda Lynch, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Evelyn Miller, Keith Morgan, Jim Roberts, Bradley Smith, and Sandy Wheeler

This Week at Blessed Sacrament

Saturday, November 11

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation (Time change)**- 3:00pm to 3:30 pm in the Reconciliation Room

Sunday, November 12

- **Faith Formation for Adults** – 10:15am *Meaning Making: 8 Values That Drive America's Newest Generation.* in our Community Room
- **Adult Faith Formation** 10:15 am **Appalachian Pastoral Letters** – Room 2
- **Youth Music Ensemble** - 10:00 am in Room 3
- **Youth Faith Formation** – 10:15am various rooms

Monday, November 13

- **Youth Group** – 5:00pm – 6:00pm in the Gathering Area
- **Bells Rehearsal** – 6:00pm in the Sanctuary
- **Choir Rehearsal** – 7:00pm in the Sanctuary
- **OCIA** - 6:00pm – 8:00pm in Rooms 5A and 5B

Tuesday, November 14 (The office is closed.)

- **Pastoral Council** – 6:00pm to 8:00pm in the Parish Hall
- **GriefShare Meeting** - 6:00pm to 7:30pm in Room 2

Wednesday, November 15

- **Bible Study** – 10:00 am in the Library
- **Bible Sharing**– 6:30pm to 7:30pm in Room 5/Library and by Zoom
Weekly: <https://blessedsacramentwv.org/en/download/bible-share-11-15-23/?wpdmdl=1515&refresh=654d83936678a1699578771>
Join Zoom Meeting: <https://us02web.zoom.us/j/86903804010?pwd=MGJydS9qSW9LSzNGblZSM2xZcWpGZz09#success>

Thursday, November 16

- **Youth Group leaves for NCYC in Indianapolis** – 8:30am, south parking lot
- **Lunch Bunch in the Parish Hall after the Noon Mass**

Friday, November 17

Saturday, November 18

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation (Time change)**- 3:00pm to 3:30 pm in the Reconciliation Room

Sunday, November 19

- **Faith Formation for Adults** – 10:15am *Meaning Making: 8 Values That Drive America's Newest Generation.*
- **Adult Faith Formation** 10:15 am **Appalachian Pastoral Letters**
- **Youth Faith Formation (no Youth Music Ensemble)** – 10:15am

This Week at Blessed Sacrament



Flowers for the altar this weekend were given by Elizabeth Boyd in memory of her mother, Mary Southam Boyd.

A **prayer quilt** will be blessed during our 9:00am Mass this Sunday for John Lordan. Please stop in the gathering space after Mass to say a prayer for his healing and well-being while you tie a knot in the quilt.



THE SACRAMENT of the ANOINTING of the SICK

A Communal Anointing of the Sick will be offered during the 4 pm mass on Saturday, November 18, and the 11:30 am Mass on Sunday, November 19.

This Sacrament is not just for those who are at the point of death. People suffering under the burdens of age may be anointed. It is meant for anyone who is suffering from a serious illness: physical, emotional, mental or spiritual. The Sacrament may be received at any time during a person's illness, especially before surgery or treatment. Sacraments are for the living. Anointing of the Sick is a Sacrament of the Church. Therefore, it is preferable, as far as possible, to celebrate the rite when others can be present in the home, at the hospital, and in church.

The Sacrament of the Anointing of the Sick is a Sacrament of the Catholic Church which celebrates our faith in the healing touch of Christ in our lives. Jesus had deep compassion for those who were sick and the Church continues his healing mission today: "Are any among you sick? They should call for the elders of the Church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven." (James 5:14-15)

In the Sacrament, we pray that the sick person be healed in body, mind, and spirit. The Sacrament offers forgiveness and healing. God alone knows what kind of healing is most needed for us: that our anxieties are eased, that a wound be healed, that our fears turn to hope, that loneliness be embraced, that confusion turn to insight. The Sacrament may also help the sick person and their loved ones understand and experience suffering differently.

Parish Surveys



Links to Parish Surveys online

[Adult Faith Formation Survey](#)

[What are you thankful for this year?](#)

Link to Fr. Paul's presentation on **THE FINAL FOUR and MORE** [Death, Judgment, Heaven, Hell, Limbo, Purgatory, Praying for the Dead, Cremation, Funerals] on Sunday morning between Masses. Link: https://www.facebook.com/watch/live/?extid=CL-UNK-UNK-UNK-IOS_GK0T-GK1C&ref=watch_permalink&v=337583355611190

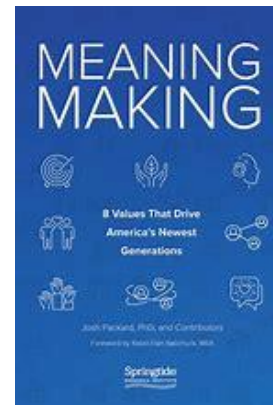
November 12th, 19th and Dec 3. (No session Thanksgiving weekend)

A new four week - Adult Faith Formation opportunity starts this weekend.

Meaning Making: 8 Values That Drive America's Newest Generation.

Lead by Molly Linehan Belcher

Last year, when our parish participated in the Synod by holding our listening sessions, one of the topics of interest was how grandparents can engage in faith with their grandchildren. Sharing our faith with the next generation is important. Molly Linehan Belcher, parishioner, and theology teacher at Charleston Catholic, will lead a four-week discussion for us on this topic. Molly will take us through the book *Meaning Making: 8 Values That Drive America's Newest Generation*. We hope the study of this book can lead to further conversations with the youngest generation and those who love them. In other words, if you're a member of Gen. Z... please come! If you love members of Gen Z, also come!



ADULT FAITH FORMATION opportunity this Sunday, November 12, 19 & December 3

Donna Becher, parishioner, spiritual director with West Virginia Institute for Spirituality, and former chair of Catholic Committee of Appalachia, will lead a book study exploring the groundbreaking Appalachian Pastoral Letters – signed and promulgated by the Bishops of Appalachia. These letters received worldwide recognition because of their cry for social justice in Appalachia (and beyond). They celebrated the Catholic Church's contribution and call to action as a light in the darkness of greed, industrialization, and exploitation. A limited number of hard copies of these pastorals will be available. They are also available at:

<https://static1.squarespace.com/static/5e0ebce33d6a6002f3105cc7/t/5e3321856cac3d0b6f059a5a/1580409225664/AppalachianBishopsPastorals.pdf>



.Thanksgiving Dinner, November 23 at 2:00 PM

Due to popular demand, our annual Thanksgiving Dinner is back and will take place on Thursday, November 23 at 2:00 PM in the Parish Hall. This will be a Homecoming Celebration. All parishioners are welcome to attend as well as family, friends and neighbors. We also encourage you to reach out to those parishioners who have not been back to Mass since COVID and invite them to join us. Blessed Sacrament will be providing the turkeys, and you can bring a side dish to share if you are able. There will be a Kid's Corner with activities for the children. There will also be a very special guest. **Sign-up sheets will be available in the gathering space** If you have any questions or would like to volunteer to help in any way, please contact Terry Mathias at 304-741-0045

Attention: All Volunteers -- All volunteers must be Virtus certified.

The deadline to become Virtus certified is November 30.

We need you!

Please take time to do this now.

After November 30, you must suspend your volunteer activities until this requirement is met.

Again: We need you! See the instructions on the next page on becoming certified

Virtus Certification has two parts:

- **A background check every 3 years.**
- **Training to help you guard our children.** This includes learning how a predator grooms his/her prey; the signs of depression in children; the code of conduct for all adult volunteers in our diocese; how to report suspicious activity, etc.

We ALL need to know these things (not just our volunteers).

You can become Virtus certified in several ways:

- If you do not have an online Virtus account: follow the instructions in Handout 1 to make an online account and take the steps needed for certification.
- If you have an online Virtus account: follow the instructions in Handout 2 to bring your certification up-to-date.
- All: Attend an in-person training session - 1.5 hours (at most) of your time
- If you would like to do everything online, but do not have a computer, or would like help while you do it, sign up for an appointment to work with one of our staff members in our office on one of our computers.

Handouts and appointment sheets are in the gathering space. You can also request information by calling our office 304-744-5523 or emailing us BSCCWV@gmail.com

YOUTH MINISTRY NEWS

Countdown to Indianapolis, Nov. 16-19 We leave next week!

The



National Catholic Youth Conference (NCYC) is a powerfully unique three-day experience of prayer, community, evangelization, catechesis, service, and empowerment for Catholic high schoolers and their adult chaperones. This year, the Diocese of Wheeling-Charleston is sending almost 70 youth and adults to NCYC in Indianapolis, and nine are from Blessed Sacrament:

Aidan Daugherty **Mitchell Ferrell**
Chris Daugherty **Roddy Ferrell**
Katherine Dent **JC Robertson** and Fearless Leader,
Lee Ann Dent **James Menefee** **Mary Odin!**

The Diocese of Wheeling-Charleston is generously subsidizing the cost of our tickets to the event, travel by bus, meals, and accommodations; **the remaining cost for each person is \$575.**

There are **two main ways** you can help us:

- 1) **Pray for us!** Pray for us as a group and individually, before, during, and after our trip, that this experience will be life-changing and formative for each of us.
Your prayers will connect your spiritual growth to ours.
- 2) **Sponsor us financially!** Make a donation to Blessed Sacrament marked "NCYC Youth Trip." By reducing our costs, you will participate in our trip in a very practical way.



We've been handmaking these gifts to trade with youth from other states. So far, we've made 100 of them!

Thanks in advance for your support!



When you are grieving a loved one's death, the holiday season can be especially painful. Our ***Surviving the Holidays*** seminar helps participants discover:

- How to deal with emotions
- What to do about traditions
- Helpful tips for surviving social events
- How to find hope for the future

SURVIVING THE **HOLIDAYS**

Blessed Sacrament Parish
Tuesday, November 28, 2023
6:00--8:00pm
Parish Hall

Please contact the church office at 304-744-5523 or bsccwv@gmail.com to register. If you have any questions, you are encouraged to contact one of the team members:

Pam Council, Team Leader, 734-664-1527 or pamcouncil@yahoo.com

Ro DeBias, 304-382-3359 or rodebias@aol.com

Missy Mowrer, 304-545-4776 or granmissy@gmail.com

Jeanne Haas, 304-382-2631 or haasjeane@hotmail.com

Debbie Burdette, 304-545-6917 or Dburdette23@gmail.com

Father Paul Wharton, 304-433-7472 or pjw424@gmail.com

Spiritual Icebreakers and Soup Starters 71

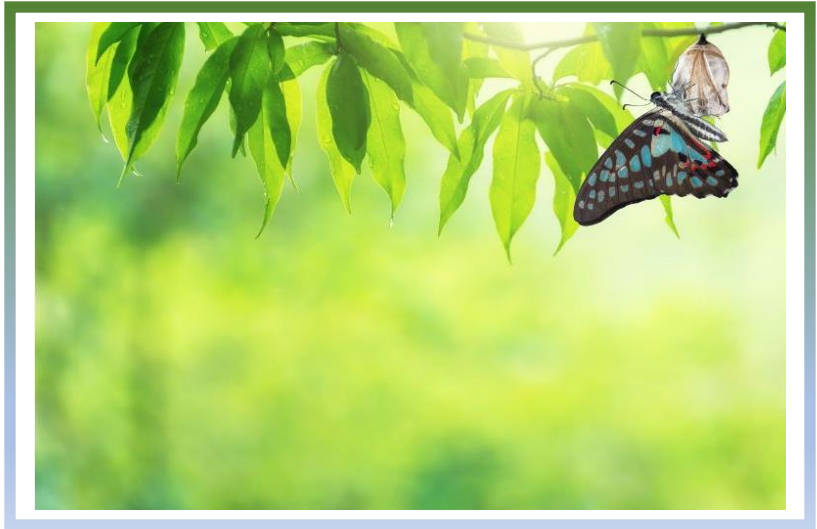
Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.

POEM ~ Hymn of Promise

In the bulb there is a flower;
In the seed, an apple tree;
In cocoons, a hidden promise;
Butterflies will soon be free!
In the cold and snow of winter
There's a spring that waits to be,
Unrevealed until its season,
Something God alone can see.

There's a song in every silence,
Seeking word and melody;
There's a dawn in every darkness,
Bringing hope to you and me.
From the past will come the future;
What it holds, a mystery,
Unrevealed until its season,
Something God alone can see.

In our end is our beginning;
In our time, infinity;
in our doubt there is believing;
in our life time, eternity.
In our death, a resurrection;
At the last, a victory,
Unrevealed until its season,
Something God alone can see.
— Natalie Sleeth



PRAYER

Kind Christ — You're my only hope — come to me.
Don't be slow to visit my heart, which desperately needs Your love.
Fill it with divine grace. Join my mind and soul.
Make them burn in You who are flame without smoke always, wholly resplendent.
Come to me and bring Your love, gorgeous Fire that makes all things bear fruit.
You draw the seeds out of the dry ground and make them grow.
Hear me, excellent Sower. My heart only wants the seed of love from You.
This seed grows instantly and produces the best fruit.
I beg only love from You. Come then, Jesus, sweet Lover.
Don't dawdle!
— Saint Umiltà of Faenza (c. 1226-1310)

MYSTIC MORSELS Saint Frances Xavier Cabrini (1850-1917)

- The world is poisoned with erroneous theories, and needs to be taught sane doctrines, but it is difficult to straighten what has become crooked.
- They who pray with faith have fervor and fervor is the fire of prayer. This mysterious fire has the power of consuming all our faults and imperfections, and of giving to our actions, vitality, beauty and merit.
- I will go anywhere and do anything in order to communicate the love of Jesus to those who do not know Him or have forgotten Him.



SAINT OF THE WEEK : Saint Francis Xavier Cabrini November 13

St. Frances Xavier Cabrini's feast day is celebrated November 13. Mother Cabrini, as she's commonly called, spent her whole life traveling. .. She was born in Italy and had ten brothers and sisters. Her parents were farmers ... When Frances was twenty years old she left the farm and started working as a teacher. During this time, Frances grew in faith and maturity. She took religious vows as a sister, worked hard to save a struggling orphanage, and decided to start her own religious order.

By the late 1880s, Mother Cabrini became interested in a new problem. Hundreds of thousands of Italians moved to America, seeking a way out of the poverty of their new land. Very few of these immigrants were successful right away. Most lived in worse poverty than they'd endured back in Italy. They lived in crowded and dirty apartments, lived on scraps, and were unable to find work. ... So Mother Cabrini set out on the long trip to America. Over the next thirty-seven years, Mother Cabrini was constantly on the move, starting schools, orphanages, and hospitals for Italian immigrants, and others in need...

Mother Cabrini made trips back to Italy to organize more nuns for work in America. Between these trips, she and some sisters headed south to Argentina. ... They made the journey by boat, train, mule, and on foot. Back in the United States, Mother Cabrini traveled constantly taking her sisters to Chicago, Seattle, and Denver. It was in Chicago that Mother Cabrini, at the age of sixty-seven, passed away. She'd begun her work with just a handful of sisters. By the time she died, fifty houses of sisters were teaching, caring for orphans, and running hospitals. Her order had grown to almost a thousand sisters in all. Mother Cabrini was obviously a very holy woman, and the church recognized her holiness by canonizing her in 1946 as the first American citizen to become a saint.

source <https://www.loyolapress.com/catholic-resources/saints/saints-stories-for-all-ages/st-frances-xavier-cabrini/>

She is a Patron Saint of immigrants and hospital administrators.

Walter



Please come and join us for a Thanksgiving Day celebration. Mass at 1pm. Turkey Dinner at 2pm. Kindly sign up and feel free to bring something to share.



My daughter screamed 'SERIOUSLY?!' in church when they made the congregation stand one too many times for her liking. She's nine.

Suggestion Box - 11/12/2023

Suggestion: Bring back Parents Night Out. All the parents who want a break but still have lots of kids could have a break. Also, the kids could have a very fun night.

Fr. Paul's Response: I've heard that these events were fun for everyone involved. For those new to the parish, prior to Covid, Blessed Sacrament volunteers would care for children for a few hours while parents went to dinner, ran errands, took a nap, etc. – a Parents Night Out. Games and crafts were available, occasionally a movie, and snacks.

There are several pieces needed for these events to be successful. Our staff will be happy to help a small team of volunteers put them all together. If you are interested, let Natalie know: BSCCWV@gmail.com or 304-744-5523 option 2.

Suggestion Box - 11/05/2023

Suggestion: Ushers should remind gift bearers to wait for the cross bearer before leaving the front of the altar after bringing the gifts up!!! Shows respect and unity.

Fr. Paul's Response: It is too much to ask the ushers/greeters to give special instructions to each gift bearer at each Mass, in addition to their other ushering/greeting duties.

Instead, I have been chatting with the gift bearers while waiting for the cross bearer to return to the front of the altar. This has been working well except when the cross bearer exits after returning the cross and does not return to the front of the altar.

Suggestion: Please close the sliding brown doors before Mass. Less distractions.

Fr. Paul's Response: I couldn't agree more. It was only the talk of increasing cases of Covid that caused us to delay closing these doors until after Christmas. Once we do, the doors will remain closed until Easter Sunday.

Suggestion: To receive Communion from the priest. Communion seems less "important"/sacred when received from other church members.

Fr. Paul's Response: In those days when Christians were being put to death for their faith, the Church debated and discussed, determined, and declared that the sanctity and efficacy of the sacrament did not depend upon the holiness of the priest or deacon. Holy Communion received from the hand of a priest is no different than Holy Communion received from the hands of a lay person other than it may seem "less important" to some. I have certain physical limitations that make my life difficult. When I stand in place too long on a hard floor, my knees lock up.

Liturgical Ministers – November 11 & 12

| | 4:00 pm | 9:00 am | 11:30 am |
|------------------------------|------------------------------|--|---------------------------------|
| Lectors | Alex Mansfield | Rory Issac | Tom McLane |
| Altar Servers | Rick Brennan | Jeff Borman Jackson Davis | Felix Maramba Pippa Maramba |
| Cantors | Joe Deegan | Charlie Wilson | Olivia Hayes |
| Communion Principal | Ro DeBias | Peg Musilli | Jackie Lilly |
| Chalice Minister | Diane Lordan Missy Mowrer | Ofelia Duarte Chuck Wirts | Carolyn Frye Connie Lucas |
| Communion to the Sick | | Missy Summey Tom Aluise Susan Bowyer | |
| Greeters/Ushers | Pat & Mike Habenschuss | Kelly & Rob Plutro | Mary Beth Abbot Shelly Nason |

Liturgical Ministries – November 18 & 19

| | 4:00 pm | 9:00 am | 11:30 am |
|------------------------------|------------------------------------|---|---------------------------------|
| Lectors | Joe Deegan | Laura Jennings | Mary Pat Peck |
| Altar Servers | Chip Council | Will Stella Maureen Mathias | Tommy Ross |
| Cantors | Nancy McLaughlin | John Dever | Heather White |
| Communion Principal | Todd Witsberger | Mike Burgess | Rick Brennan |
| Chalice Minister | Susan Churchill Natalie Zellers | Ann Bradley Matt Hayes | Kathy Lester Susan Churchill |
| Communion to the Sick | | Mike Burgess Ann Bradley Jackie Lilly | |
| Greeters/Ushers | David Lewia Jamie Tridico | Nancy or Dan McLaughlin Shelley Nason | Jeanne Haas Anna Sites |

31 Club this week

31 Club members commit to praying for vocations one day each month.

| | | |
|------------|-------|--|
| Sun | 11/12 | Nancy McLaughlin |
| Mon | 11/13 | Mike Granata |
| Tue | 11/14 | Shelley Nason / Kathy Pojman |
| Wed | 11/15 | Moon Musilli and Peg Musilli |
| Thu | 11/16 | Mary Odin / Connie Jarzynski / Theresa O'Leary / Pippa Maramba |
| Fri | 11/17 | Bowles Family |
| Sat | 11/18 | Mary Burriss |

MANNA MEAL/KROGER PICK UP SCHEDULE

"I was hungry and you gave me something to eat."
Matthew 25:35



November – December

November 15 – Matt Leary
 November 22 – John Ellison
 November 29 – Don Becher
 December 6 – Dennis Thornburg
 December 13 – Tony O'Leary
 December 20 – Rob Schissler
 December 27 – Matt Leary

Cookie and Coffee Volunteer Schedule



November 12 - Paula Potter
 November 19 - Paula Durst
 November 26 -
 December 3 - Kelly Plutro
 December 10 -
 December 17 -
 December 31 -

Save the Date

Irish Open House

5:00pm-7:00pm

Charleston Catholic
High School
November 15, 2023
1033 Virginia Street East
Charleston, WV 25301

For more information, please call (304) 342-8415

CHARLESTON AREA
CATHOLIC YOUNG ADULT

Advent mix & mingle

SINGLES, COUPLES, YOUNG FAMILIES -
YOU'RE ALL INVITED TO COME KICK OFF
THE NEW CHURCH YEAR AND
MEET SOME NEW FRIENDS!

SUNDAY, DEC 3RD
4-7:30 PM

ST. FRANCIS PARISH GYMNASIUM
525 HOLLEY ST, ST. ALBANS

PIZZA PROVIDED!
DONATIONS WELCOME.

questions? LAWRENCE WESTFALL
304-532-7928

FACEBOOK
EVENT



GROUPME
THREAD





Children's Therapy Clinic 2023 "Light the Way 5K"

Fri November 17, 2023

Charleston, WV 25302 US

Children's Therapy Clinic would love for you to kick off the holiday season with us at our 7th Annual "***Light the Way 5K***"! The event will be held at Coonskin Park in Charleston on Friday, November 17, 2023. This evening walk/run takes place along the road lit by Christmas lights. We'll have hot chocolate, caroling, and fun contests (Ugly Sweater, Most Creative Team Theme, and Costume)!

Children's Therapy Clinic (CTC) provides physical, occupational, speech, and music therapies and a social skills program to improve the functional abilities of children with a variety of disabilities. We serve families without sufficient income and/or insurance to pay for the therapy their child requires. Our services are provided on an income-based, sliding-scale fee, and ***CTC never turns away a child because their parents cannot pay.*** Since 1935, CTC has helped thousands of children take their first steps, speak their first words, and become more independent.

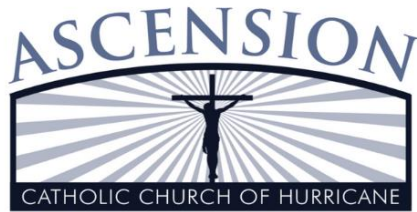
Find online registration here [Children's Therapy Clinic 2023 "Light the Way 5K" \(runsignup.com\)](https://runsignup.com)
Shirts guaranteed if registration is RECEIVED BY Tuesday, November 7th

Volunteers are also needed for this event!

We need volunteers to help with setup, registration, hot chocolate station, photo station, parking, race route (line the race route while caroling/helping direct the participants during the event,) and cleanup. Please reach out to Valicia Leary by email valicia@childrenstherapyclinic.com or 304-541-6242 with questions.

Thank you!

Valicia Leary, Executive Director 304-342-9515



SPEAK LORD YOUR SERVANT

is Listening



Fr. MacDonald is a Redemptorist priest from Woburn, Massachusetts, about 10 miles north of Boston. He entered the Redemptorist Missionary Order after attending Boston College and playing seven years of professional baseball with the Pittsburgh Pirates organization and overseas in Holland and Australia. He is a member of the Boston College Hall of Fame. He was ordained to the priesthood in 1991 and has worked as a parish priest in Dominica, New York, Boston, St. Lucia, and the Virgin Islands. He is currently assigned to the Redemptorist Community at San Alfonso Retreat House in Long Branch, NJ.

905 HICKORY MILLS R, HURRICANE, WV 25526

DEC | 4-6TH | 2023 AT 7PM

Mission Kick-Off Social Dec 3rd at 6pm



The West Virginia Institute for Spirituality is an ecumenical center for prayer and spiritual growth, located in the heart of the city of Charleston, West Virginia. Our ministry promotes spiritual life through silence, prayer, retreats, education, spiritual direction, and inter-faith dialogue. Presently, our calendar reflects the following:

Almost Heaven Retreat. WVIS continues to offer Almost Heaven Retreats throughout the year.

<https://www.wvis.org/retreats/almost-heaven-retreat>

Donation: \$90/night (includes retreat, retreat house accommodation, and all meals).

Embracing My Personal Journey: Learning the Art of Aging and Dying Well via Zoom

Saturday, November 11, 2023, 8:00 am – 3:30 pm EST

Questions: email Sr. Carole Riley, C.P.D., PhD at wviscr@aol.com

To live is to change. Age is a gift. Dying is an art. During this program, reflective strategies are provided to assist participants in coming to terms with life and death for themselves or a loved one. Hospice, palliative care, caregivers, and helping professionals will benefit from time to process. Topics of grieving diminishment, companioning those dying, and the resources for personal integration are provided.

Donation: \$50

CEU credits are available for Social Workers (5.0 CEU), Registered Nurses, and Licensed Professional Counselors (5.75 CEU)

Register: You can register by visiting our website at Programs - WVIS or call 304.345.0926.

An Advent Retreat to lower my holiday stress – say WHAT? (Zoom Retreat)

<https://www.wvis.org/retreats/advent-retreat>

Donation: \$50 scholarships available by emailing WVIS Executive Director at wviscr@aol.com

Register: You can register by visiting our website at Registration - WVIS or call 304.345.0926.

Living in the Gap via Zoom

A 4-week program on Thursday evenings January 18th and 25th and February 1st and 8th from 7:15 – 8:30 p.m. EST

Questions: email Ms. Sally Orcutt, O.P. at sally@sayyes2yourlife.org

How do you live in the gap and why would you want to? The “gap” as identified by Thomas Keating, is the emotional space between the moment you begin to feel distressed, irritated, or anxious and the negative reaction that follows. Living in the gap invites us to live in a space of awareness. It is about increasing our understanding of the things that trip us up. This awareness allows us to respond as the person we desire to be, rather than react with a behavior that is often something we regret, as a result of being triggered.

Donation: \$70

Register: You can register by visiting our website at Programs - WVIS or call 304.345.0926.

Contemplative Prayer via Zoom (Monday through Friday)

You are invited to join us each evening at 7:00 pm via Zoom for Contemplative Prayer. We are blessed to have a variety of individuals who volunteer to lead each evening. Prayer begins promptly at 7:00 pm when the leader opens with a brief chant followed by 20 minutes of silence. Sign up to receive the weekly reminders and the Zoom link. Come as often as you are able, it is always good to see those who attend.

Questions/Register: email wvis_sally@aol.com

Thomas Merton Charleston West Virginia Chapter via Zoom (3rd Tuesday each month)

You are invited to join the Charleston, West Virginia chapter of the International Thomas Merton Institute on the 3rd Tuesday of the month from 7:00 – 8:30 pm via Zoom. Each month, the group discusses recent material from the International Merton Society and/or information from the Book of Hours.

Questions/Register: email Father Bill Petro at frbpetro42@gmail.com

Sister Mary Irene Sorber, SCC

1601 Virginia St. East

Charleston, WV 25311

wvismaryirene@aol.com

(201) 230-2362

Blessed Sacrament Catholic Church
305 E St
South Charleston, WV 25303
www.blessedsacramentwv.org
Phone: (304) 744-5523
E-mail: BSCCWV@gmail.com



Our parish office is open on
Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during office hours.
The North entrance doors are unlocked on days that there is a Mass.

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| <p>Pastor: Rev. Paul Wharton</p> <p>E-mail: pjw424@gmail.com Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p> | <p>Office Manager: Natalie Zellers 304-744-5523 Office E-mail: BSCCWV@gmail.com</p> |
| <p>Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com Phone: 304-767-9479</p> | <p>Director of Religious Education Mike Granata E-mail: mikegranata3@gmail.com Phone: 304-561-8063</p> |
| <p>Parish Therapy Cat Walter Email: WalterCatechist@gmail.com</p> | |
| <p>Blessed Sacrament Parish Pastoral Council: Chip Council, facilitator, Pam Council, Jackson Davis, Matt Davis, Anne Dever, Jack Dever, Christine Fernandes, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Katie Smithberger, and Charlie Wilson</p> | |



How to Report Suspected Cases of Sexual Abuse of Children

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop’s designees at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. Please visit www.dwc.org under “Accountability” for additional information and reporting methods.